

Hi, I'm Lisa



Lisa Fitzharris

lisa@uthrive365.com

Reiki III Practitioner and Teacher
Animal Reiki III Practitioner and Teacher
Integrative Nutritional Health Coach

I have had the privilege to train and continue to study under some of the best Reiki teachers:

Frans Stiene: *Co-founder of International House of Reiki and author*

Kathleen Prasad: *Founder of Animal Reiki Source and author*



937-360-6272



HEALING your Best Friend



HEALTH BENEFITS of our work together!

reduction in stress and tension

lower blood pressure

pain relief

boost the immune system

decrease depression and anxiety

facilitates the physical healing from injury, trauma or surgery

Energy Work: A Proven Solution

Reiki is a wonderful complimentary healing practice not only for humans but for our animal friends as well. In some cases, animals will respond more favorably to a Reiki treatment than humans because they are more open and attuned to the calming and relaxing effects.

Reasons to use Reiki for your pet:

- **Assist in the physical healing of your pet, from injury to the post effects from surgery**

In all these cases please contact your veterinarian first to be certain that your pet receives the proper medical attention needed. Reiki in no way interferes or hinders the effects of any medication or treatment that your pet has received from the veterinarian.

- **Help with pain management**

- **Reducing a pet's behavioral issues**

- **Support the general health and well being of your pet**

- **Hospice care for your pet**

The last phase of your pet's life can be one of the most heart wrenching times you will face. But Reiki can offer a sense of peace and relaxation helping to better prepare the family and your pet for the transition.

- **Increase the vibrational frequency on a physical, mental, emotional and spiritual level**

There is a non-visible energy force that flows in and around the body and when this flow gets blocked or out of balance, the body can become sick or have difficulty with accessing its natural healing abilities. The goal with energy therapy, such as Reiki, is to bring the body's energies back into balance and unblock and move any stagnant energy; facilitating and allowing for a healing response.

Reiki has proven so effective that some of the best hospitals in the country are now offering these services, hospitals such as, the Mayo Clinic, Cleveland Clinic and many more. In addition, the benefits of these healing treatments are now being utilized during surgeries and during chemotherapy treatments.

"Sometimes our energy is drained and compromised by things that are not in our control, such as an illness, disease, a traumatic event, grief, depression, anxiety and so on."



Usui Reiki Ryoho Lineage

Reiki III Practitioner & Teacher

Animal Reiki III Practitioner & Teacher

Specializing in all animals and their caregivers

I offer in person treatments in the Columbus, OH area, and distant treatments throughout the U.S.

Questions?

Give me a call today

937-360-6272



UTHRIVE365